

with prolonged use of selective COX-2 inhibition drugs. At present, it is not known if the cause of the increased risk of heart attack associated with COX-2 inhibition is directly related to the inhibiting properties of the drug or if the increased risk of heart attack is the result of some other interaction with these particular selective COX-2 inhibition drugs. Ironically, some patients taking selective COX-2 inhibition drugs who are concerned with increased risk of heart attacks are attempting to reduce the risk by taking aspirin and other traditional non-selective NSAIDs along with the selective COX-2 inhibition drugs.

Other problems associated with the selective COX-2 inhibition drugs further complicate the ability of healthcare providers to easily and effectively treat patients suffering from inflammation. For example, in most cases selective COX-2 inhibition drugs are available by prescription only. Thus, in order to obtain these drugs, the patients are required to visit the doctor and receive a diagnosis that calls for these prescription drugs. After the visit, the patient must, of course, obtain the drugs from the pharmacy with the associated inconvenience that this process entails. Obtaining prescription drugs is much more complicated than buying over the counter pharmaceuticals or remedies and the cost of the drugs is significant.

Another disadvantage associated with selective COX-2 inhibition drugs is that they are, at present, not approved for pediatric use. Selective COX-2 inhibition drugs are unavailable to children who unfortunately may be more distressed than an adult would be by the unpleasant side effects associated with non-selective NSAIDs. Approval of pediatric selective COX-2 inhibition drugs may take several years, if such drugs are approved at all.

Other disadvantages of selective COX-2 inhibition drugs presently available also include the dangers of uncertain drug interaction for patients who are taking other medications in

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addition to selective COX-2 inhibition drugs. Also, pregnant women cannot take the selective COX-2 inhibition drugs during certain periods of fetal development. It has been determined that selective COX-2 inhibition drugs have teratogenic effects on fetuses. Additionally, potential harm could come to the patient if a COX 2 selective inhibitor is taken at a time when the patient is not properly hydrated.

It would be advantageous to provide a formulation for the treatment of inflammation that reduces the gastrointestinal discomfort and other side effects associated with many present anti-inflammatory pharmaceuticals. It would also be advantageous to provide a method and formulation that reduces inflammation and the pain associated with inflammation and at the same time limits the adverse side effects, such as those associated with selective COX-2 inhibition drugs of the prior art.

11/11/2009 10:00 AM

SUMMARY OF THE INVENTION

The present invention is directed toward a formulation and method for reducing and limiting inflammation and the pain associated with inflammation. One embodiment of the present invention uses a selective COX-2 inhibitor as an anti-inflammatory agent where use of the selective COX-2 inhibitor does not result in the unpleasant side effects associated with NSAIDs and selective COX-2 inhibition drugs presently available.

The present invention provides a method of treating various diseases and ailments, which comprises administering to a mammal a therapeutically effective amount of processed Morinda citrifolia. Morinda citrifolia is generally administered in the form of a juice, oil, capsule or as an ingredient in another food product. An advantage of using processed Morinda citrifolia is that treatment may be carried out without causing gastric side effects that can occur by using NSAIDs for prolonged periods.

In a preferred embodiment, the formulation comprises processed Morinda citrifolia juice, which has been discovered to have selective COX-2 inhibitor characteristics. The precise mechanism by which processed Morinda citrifolia selectively inhibits COX-2 is not known. A preferred method of the present invention comprises the consumption of processed Morinda citrifolia juice in therapeutic amounts.

DETAILED DESCRIPTION OF THE INVENTION

It will be readily understood that the components of the present invention, as generally described herein, could be arranged and designed in a wide variety of different methods, configurations or formulations. Thus, the following more detailed description of the embodiments of the system and method of the present invention, is not intended to limit the scope of the invention, as claimed, but is merely representative of the presently preferred embodiments of the invention.

The Indian Mulberry plant, known scientifically as Morinda citrifolia L., is a shrub, or small or medium sized tree 3 to 10 meters high. It grows in tropical coastal regions around the world. The plant grows in the wild, and it has been cultivated in plantations and small individual growing plots. The Indian mulberry plant has somewhat rounded branches and evergreen, opposite (or spuriously alternate), dark, glossy, wavy, prominently-veined leaves. The leaves are broadly elliptic to oblong, pointed at both ends, 10-30 cm in length and 5-15 cm wide.

The Indian mulberry flowers are small, white, 3 to 5 lobed, tubular, fragrant, and about 1.25 cm long. The flowers develop into compound fruits composed of many small drupes fused into an ovoid, ellipsoid or roundish, lumpy body, 5-10 cm long, 5-7 cm thick, with waxy, white or greenish-white or yellowish, semi-translucent skin. The fruit contains "eyes" on its surface, similar to a potato. The fruit is juicy, bitter, dull-yellow or yellowish-white, and contains numerous red-brown, hard, oblong-triangular, winged, 2-celled stones, each containing about 4 seeds.

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When fully ripe, the fruit has a pronounced odor like rancid cheese. Although the fruit has been eaten by several nationalities as food, the most common use of the Indian mulberry plant was as a red and yellow dye source. Recently, there has been an interest in the nutritional and health benefits of the Indian mulberry plant.

Because the Morinda citrifolia fruit is for all practical purposes inedible, the fruit must be processed in order to make it palatable for human consumption and included in food products used to treat various ailments and diseases. Processed Morinda citrifolia juice can be prepared by separating seeds and peels from the juice and pulp of a ripened Morinda citrifolia fruit; filtering the pulp from the juice; and packaging the juice. Alternatively, rather than packaging the juice, the juice can be immediately included as an ingredient in another food product, frozen or pasteurized. In some embodiments, the juice and pulp can be pureed into a homogenous blend to be mixed with other ingredients. Other processes include freeze drying the fruit and juice. The fruit and juice can be reconstituted during production of the final juice product. Still other processes include air drying the fruit and juices, prior to being masticated.

In a currently preferred process of producing Morinda citrifolia juice, the fruit is either hand picked or picked by mechanical equipment. The fruit can be harvested when it is at least one inch (2-3 cm) and up to 12 inches (24-36 cm) in diameter. The fruit preferably has a color ranging from a dark green through a yellow-green up to a white color, and gradations of color in between. The fruit is thoroughly cleaned after harvesting and before any processing occurs.

The fruit is allowed to ripen or age from 0 to 14 days, with most fruit being held from 2 to 3 days. The fruit is ripened or aged by being placed on equipment so it does not contact the ground. It is preferably covered with a cloth or netting material during aging, but can be

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aged without being covered. When ready for further processing the fruit is light in color, from a light green, light yellow, white or translucent color. The fruit is inspected for spoilage or for excessively green color and firmness. Spoiled and hard green fruit is separated from the acceptable fruit.

The ripened and aged fruit is preferably placed in plastic lined containers for further processing and transport. The containers of aged fruit can be held from 0 to 30 days. Most fruit containers are held for 7 to 14 days before processing. The containers can optionally be stored under refrigerated conditions prior to further processing. The fruit is unpacked from the storage containers and is processed through a manual or mechanical separator. The seeds and peel are separated from the juice and pulp. The juice can be filtered from the pulp.

The juice can be packaged into containers for storage and transport. Alternatively, the juice can be immediately processed into finished juice product. The containers can be stored in refrigerated, frozen, or room temperature conditions. The pulp can be blended in with the juice to make a puree. The Morinda citrifolia juice and puree can then be blended in a homogenous blend and mixed with other ingredients. The other ingredients consist of, but are not limited to water, fruit juice concentrates, flavorings, sweeteners, nutritional ingredients, botanicals, and colorings. The finished juice product is preferably heated and pasteurized at a minimum temperature of 181°F (83°C) or higher up to 212°F (100°C).

The product is filled and sealed into a final container of plastic, glass, or another suitable material that can withstand the processing temperatures. The containers are maintained at the filling temperature or may be cooled rapidly and then placed in a shipping container. The ship-

ping containers are preferably wrapped with a material and in a manner to maintain or control the temperature of the product in the final containers.

Pure juice can be processed by separating the pulp from the juice through filtering equipment. The filtering equipment preferably consists of, but is not limited to, a centrifuge decanter, a screen filter with a size from 1 micron up to 2000 microns, more preferably less than 500 microns, a filter press, reverse osmosis filtration, or any other standard commercial filtration devices. The operating filter pressure preferably ranges from 0.1 psig up to about 1000 psig. The flow rate preferably ranges from 0.1 gpm up to 1000 gpm, and more preferably between 5 and 50 gpm.

In addition to the processing methods described above, other methods of processing fruit into oil product, fiber product, and juice product are contemplated and may be employed. Several embodiments of formulations of processed juice, oil, and fiber can be used.

Some embodiments of the present invention encompass a method of treating various diseases and ailments in a human which comprises administering to a mamal an effective amount of processed Morinda citrifolia.

The invention anticipates using processed Morinda citrifolia for the treatment of pain and inflammation, arthritis, dysmenorrhea, low back and neck pain and muscle strains and sprains.

The processed *Morinda citrifolia* may be modified to increase the benefits for particular diseases and ailments. Oral administration is a preferred mode of administration. In some embodiments, the invention encompasses pharmaceutical compositions in combination with processed *Morinda citrifolia* for inhibiting the production of the prostaglandins by COX-2

) and treating the above-mentioned diseases and ailments comprising a pharmaceutically acceptable carrier, and a therapeutically effective amount of processed Morinda citrifolia described above. These could take the form of a tablet or capsule, solutions, or be included as an ingredient in another food product.

As with “pure” processed Morinda citrifolia, the compound may be useful for the relief of fever and inflammation of joints, low back and neck pain, dysmenorrhea, sprains and strains, and arthritis, including rheumatoid arthritis and degenerative joint diseases (osteoarthritis).

While the exact mechanisms by which processed Morinda citrifolia works are unknown, it is possible that Morinda citrifolia compounds thereof function in a manner similar to other selective COX-2 inhibitors and are thereby useful in the treatment of a variety of prostaglandin mediated diseases. This possibility is illustrated by *Morinda citrifolia*'s ability to selectively inhibit COX-(2).

The pharmaceutical compositions containing the active ingredient may be in a form suitable for oral use, for example, as tablets, or lozenges, aqueous or oily suspensions, dispersible powders or granules, emulsions, syrups or elixirs. Compositions intended for oral use may be prepared according to any method known in the art for the manufacture of pharmaceutical compositions and such compositions may contain one or more agents selected from the group consisting of sweetening agents, flavoring agents, coloring agents and preserving agents. Tablets contain the active ingredient in admixture with non-toxic pharmaceutically acceptable excipients which are suitable for the manufacture of tablets. Aqueous suspensions contain the active material in admixture with excipients suitable for the manufacture of aqueous suspensions.

EXAMPLE 2

In this example, a patient is experiencing pain and inflammation. The individual desires to treat the condition with a nonprescription, over-the-counter preparation. To treat the infection, the individual consumes a predetermined amount of food product containing processed Morinda citrifolia. The person intermittently consumes the food product containing the processed Morinda citrifolia until the pain and inflammation is reduced or eliminated.

EXAMPLE 3

In this example, a person is suffering from arthritis. To treat the pain associated with arthritis, the person consumes a prescribed amount of food product containing processed Morinda citrifolia. The person intermittently consumes the food product containing the processed Morinda citrifolia until the arthritic symptoms decrease or disappear.

EXAMPLE 4

In this example, a person believes he or she is susceptible to a condition that results in chronic inflammation. In order to reduce the likelihood developing chronic inflammation, this person regularly consumes processed Morinda citrifolia juice in therapeutic doses.

EXAMPLE 5

In this example, a person has developed a condition that results in chronic inflammation. To inhibit or reduce chronic inflammation, this person intermittently consumes processed Morinda citrifolia juice in therapeutic doses.

EXAMPLE 6

In this example, a woman is suffering from menstrual pain related to inflammation. To decrease or eliminate this pain and to otherwise treat the cause of the menstrual pain related to inflammation, the woman intermittently consumes processed Morinda citrifolia juice in therapeutic doses.

EXAMPLE 7

In this example, a person is suffering from low back and neck pain. To treat this pain, this person regularly consumes food products containing processed Morinda citrifolia.

EXAMPLE 8

In this example, a person is suffering from muscle strains and sprains. To decrease or eliminate the pain associated with such strains and sprains and to help in the healing process, this person intermittently consumes food products containing processed Morinda citrifolia.

What is claimed is: